

PRAY WITH THE
BISHOPS TO
END ABORTION

9DAYS FOR
LIFE
PRAYER • PENANCE • PILGRIMAGE

9daysforlife.com



Who: You and thousands of other Catholics across the country!

What: During 9 Days for Life, join thousands Catholics nationwide in **9 days of prayer and action** focused on cherishing the gift of every person's life:

- 1) Pray for the respect and protection of each person and his or her life using short prayer guides with different intentions, reflections, and more each day!
- 2) **Gather** together in prayer, action, and fellowship with others.
- 3) **Share** your experience online!

When: Sign up now and participate Saturday, January 21-Sunday January 29th. (If you're getting started after January 21st, it's okay!)

How: Visit www.9daysforlife.com to download a free mobile app or novena, sign up for daily emails or text messages, or discover many other ways you can participate!

PRAYERFULLY CONSIDER THESE 9 REASONS TO PARTICIPATE IN #9DAYSFORLIFE:

- 1 **It's important.** Abortion has been legal for 43 years. Children need life-long families. An increasing number of states are considering legalizing doctor-assisted suicide. Men, women and children are suffering in a variety of ways and need our prayers.
- 2 **It's an age-old tradition.** For centuries, Catholics have made the commitment to pray for nine days for special intentions. This is a way to practice perseverance, setting aside time each day to spend with God.
- 3 **It's "unforgettable."** You can download and print the prayers for each day or, so that you don't forget to participate, you can sign up to receive them daily through emails, text messages, or an app that allows you to customize the time of your reminders!
- 4 **It raises awareness.** Does the world know that so many of us value and respect every human life from conception to natural death? You can share the intentions on social media, as well as a number of other eye-catching and relevant graphics, and even download a special Facebook cover photo and profile picture to spread the word.
- 5 **It unites us with other participants.** One mark of the Catholic Church is its universality. This is an opportunity to gather in prayer with thousands of people for a united, prayerful purpose.
- 6 **It unites us with those suffering.** Prayer is a way to recognize our solidarity with those who are suffering. We are called to support one another in prayer and in action.
- 7 **It is spiritually enriching.** The U.S. Conference of Catholic Bishops will send out not only prayer intentions for each day, but also short reflections, actions, and articles. Nine days later you'll be more informed about issues related to valuing all human life.
- 8 **It calls us to action.** Different actions are suggested each day as a way of offering reparation for the ways our country has not respected God's gift of life. Additionally, the novena may end after 9 days, but the need to protect life never will. Throughout these 9 days you may find a specific aspect or stage of life that you feel called to particularly advocate for.
- 9 **It will bless us!** Remember that whatever we give to God, He gives back to us a hundred-fold. By offering nine days of prayer to Him, we are not only allowing Him to work through us in the lives of others, we are opening our hearts to receive His love and grace in our own lives as well.