

# St. Patrick Catholic School



## Newsletter Vol. 1 No. 6 March 2022

I love this time of year! Not just because of warmer temperatures and longer light-filled days, but rather the liturgical season we are entering. During Lent, we enter into a season of preparation, self-reflection and repentance when we seek to literally “turn around” and realign our lives and focus toward God. It is a time to give up things as well as take on new life-giving practices, helping us rid ourselves of distractions and our own selfish desires. By doing so, we seek to live and love as more faithful disciples of Jesus Christ. It is wonderful to celebrate the good news that in Christ’s death and resurrection we, and all creation, are continually being made new by God’s love and saving grace.

In the Spring, we plant the seeds, water the seeds, and watch them grow. Just like students, we plant seeds throughout the school year, we encourage them throughout their activities and find them growing into very successful students.

We are seeing so much progress in our students. Their increase in capacity to accomplish their academic work and improve their decision-making skills in all areas is helping them find success. I am so proud of them. I am proud of the way they are treating one another, the way they are setting and meeting goals, the way they are willing to accept responsibility and the way they are problem solving both academically and socially. I feel like the proud parent of over 90 children. I hope that you know how much I care about your children, not just as students but also as the wonderful people that they are.

As we wrap up this third quarter of the year... I know it... Can you even believe that we are almost three quarters of the way through this year?? I want to encourage us all to carry on with the energy that spring will bring. We need to continue strong! Don’t forget to keep working hard and enjoy the beauty of this season.

With you in Christ,  
Autumn Carson

## Lenten Family Activities

### Family Conversation & Prayer Starters

Let’s make a list of what we need (rather than want) to be healthy and whole people. What items on our list take care of our bodies? What items take care of our deeper self which transcends our bodies? Is there an order of importance?

“One does not live on bread alone, but on every word that comes forth from the mouth of God” (Mt. 4:4). What do you think this means? How does what God has to say help us be more fully alive? How can we hear

him? Might Jesus be encouraging us to take quiet time each day to hear (or feed on) his Word? What does it mean that Jesus is sometimes called the Word of God?

How can we, as a family and as individuals, be more attentive to hearing God and being sure our full selves are healthy this Lent?

### **Prayer**

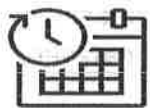
Be with us, Jesus, as we enter our 40-day journey this Lent. Help us to care for our full selves, body & spirit, by allowing you more access into our lives. Speak to our hearts and give us the strength to lift others' spirits on their own journeys to you. Amen.

### **Fasting**

Give up one evening of TV, or whatever your usual entertainment, to spend some quiet time prayerfully creating your family's plan for this Lent. Try to include elements of prayer, fasting, and almsgiving.

### **Almsgiving (sharing with those in need)**

Jesus went to the desert to prepare for his mission. This week, spend some time considering as a family how God is inviting you to participate in Jesus' mission to the marginalized this Lent. Find a charitable project that needs your time, talent, and resources.



# March

Monday, Feb. 28<sup>th</sup> – Track practice starts after school – first week of practice will be in our gym.  
Tuesday, Mar. 1<sup>st</sup> – Fat Tuesday/Mardi Gras  
Wednesday, Mar. 2<sup>nd</sup> – Ash Wednesday  
Thursday, Mar. 3<sup>rd</sup> – 7<sup>th</sup> & 8<sup>th</sup> grade visit to Colgan HS (9:30 - return after lunch)  
Friday, Mar. 4<sup>th</sup> – First Friday – Begin Stations of the Cross @ 2:45 in the gym  
Monday, Mar. 7<sup>th</sup> – Dress down/Jean Day for students and Staff  
– Sandra Main, LMLP from Possibility Junction, *Powerful Parenting* 6:00pm in gym for Parents  
Tuesday, Mar. 8<sup>th</sup> – 8<sup>th</sup> grade visit Parsons HS @ 9:30-noon  
Wednesday, Mar. 9<sup>th</sup> – 2nd Graders...First Confession Mass at 6:00pm  
Friday, Mar 11<sup>th</sup> – End of 3rd Quarter; Pizza lunch donated by a generous family for our students!  
Sunday, Mar. 13<sup>th</sup> – *Spring Forward*...Daylight Saving Time Begins  
Monday, Mar. 14<sup>th</sup>-Friday, Mar. 18<sup>th</sup> – SPRING BREAK...school closed, but Daycare open all week 7:30-5:30pm  
Saturday, Mar. 19<sup>th</sup> – St. Patrick's Day Parade  
Sunday, Mar. 20<sup>th</sup> -First day of Spring  
Monday, Mar. 21<sup>st</sup> - Boys are able to wear uniform shorts  
Friday, Mar. 25<sup>th</sup> - 3rd Quarter Awards Assembly 9:00am  
Wednesday, Mar. 30<sup>th</sup> – Pure Life Truth for Youth Purity Retreat 6<sup>th</sup>-8<sup>th</sup> graders 9-2:30  
– Dress down day for only 6<sup>th</sup>-8<sup>th</sup> students

# Powerful Parenting

Does parenting have you tied in knots, upside down or just plain worn out? Powerful Parenting is a simple, effective model that increases cooperation and builds a strong, respectful relationship between you and your child.



**Sandra K. Main, LMLP from Possibility Junction in Pittsburg will be at our school to teach these simple techniques that are sure to help you with gaining their cooperation and building a relationship of respect.**

**When: March 7, 6:00 pm**

**Where: Gymnasium**

**Why: Because we care about your family!**