



**St. Patricks, Parsons
Knights of Columbus
Council 643**

"Raising The Roof"

8 Pin No-Tap Tournament

Lucky Strikes Bowling Alley

Erie, KS

Come support Saint Patrick's Catholic Church, Parsons, as we raise funds for the replacement of the church roof.

Sunday February 28

Lucky Strikes Bowling Alley Erie, KS

Sessions at 1 and 3

Cost \$20

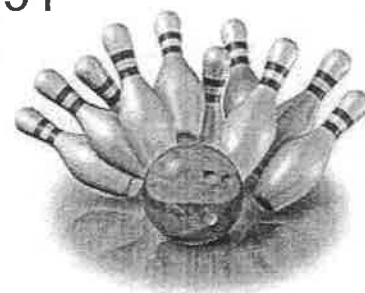
Price includes 3 games of Bowling

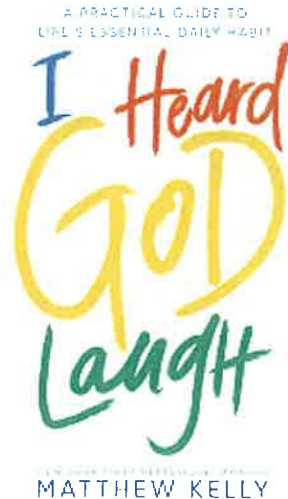
Questions? Contact Robert Barger @ 620-423-5191

Or Rod Hughes @ 620-820-3691

You **DO NOT** need to be a Knight or a league bowler.

Just show up, help support the Knights of Columbus and have some fun with friends





The Prayer Process

For years, Matthew encouraged people to commit to a habit of daily prayer. Over time he realized they needed more than encouragement. They needed to be taught how to pray and they needed a method of prayer.

And so he created the Prayer Process (found in Part Three of *I Heard God Laugh*). This simple, seven-step method of prayer can be used by anyone, anywhere, at any time, regardless of your experience in the spiritual life—and it is designed to grow with you. You will experience the Prayer Process together throughout this study guide, but we encourage you to start using it in your daily life too!

1. **Gratitude:** Begin by thanking God in a personal dialogue for whatever you are most grateful for today.
2. **Awareness:** Revisit the times in the past twenty-four hours when you were and were not the-best-version-of-yourself. Talk to God about these situations and what you learned from them.
3. **Significant Moments:** Identify something you experienced today and explore what God might be trying to say to you through that event (or person).
4. **Peace:** Ask God to forgive you for any wrong you have committed (against yourself, another

person, or him) and to fill you with a deep and abiding peace.

5. **Freedom:** Speak with God about how he is inviting you to change your life, so that you can experience the freedom to be the-best-version-of-yourself.

6. **Others:** Lift up to God anyone you feel called to pray for today, asking God to bless and guide them.

7. **Finish:** Pray the Our Father.

STUDY SCHEDULE

Sunday, February 14	The Prayer Process found on Page 41 of the book. <u>Make this a daily habit for Lent.</u>
Wednesday, February 17 th	Session 1
Wednesday, February 24	Session 2
Wednesday, March 3 rd	Session 3
Wednesday, March 10 th	Session 4
Wednesday, March 17 th	Session 5
Wednesday, March 24	Session 6
Wednesday, Mar 31 Holy Week	Session 7

We will utilize Facebook and hopefully some in-person groupings when feasible. May we turn our complete focus on Christ in this season of Lent.

Sign up for coordinating videos for *I Heard God Laugh*

<https://www.dynamiccatholic.com/lent/best-lent-ever.html>